FIFE CYCLING ASSOCIATION

Rules Updated 20th November 2015

7. Mid-week Series Rules

INTRODUCTION

- 7.1.1 The reason the midweek series began was to encourage Fife riders to participate in a greater number of events.
- 7.1.2 In line with this aim there was seen a need to structure the series awards to encourage and reward those riders riding greater number of events.
- 7.1.3 It was also recognised that it was impractical to expect participants to complete all events due to personal commitments or their requirement to assist in their club run events.
- 7.1.4 In order to distribute the prizes over the differing levels of ability, but still encourage competition, a Category system will be employed to split competitors into similar ability groups.

RULES

7.2.0 **SAFETY**

7.2.1 In the interest of rider's safety, all riders competing in the Midweek Events Series must have a visible working rear light. Riders not complying with this rule will be refused a start.

7.3.0 **POINTS**

7.3.1 For each event points will be awarded as follows

1st - 80 points

2nd - 79 points

3rd - 78 points and so on down to 60th - 1 point

7.3.2 Points for each rider in the 2up Hilly TT shall be

1st team – 80 points each 2nd team – 78 points each

3rd team - 76 points each and so on down to 30th - 2 points

7.3.3 Named officials and marshals - 1 point (competition competing riders assisting at club run event).

7.4.0 EVENTS

7.4.1 For the purpose of points leadership a riders 12 best events will count.

However for purpose of the overall series positions all events in the series completed by a rider will count for their overall position, subject to the maximum counting total being three (3) less than the total number of events run. **NB this is now four (4) as Monifieth event is optional.**

For example: A rider who completes 20 of 24 events will receive points based on their 12 best events multiplied by the total number of events participated in subject to a maximum of 21 events.

Points total for the best 12 events = 65 Multiplied by total events competed in (limited to a maximum of 21) = 65 X 21 = 1365 points

7.4.2 Any rider who officiates at his club run event will be entitled to have that event included in his total events

(Only those competitors present and recorded on the result sheet as a named organiser, commissaire, timekeeper, recorder or marshal will be eligible).

- 7.4.3 After the final event of the Time Trial series participating riders who have been actively involved in organising, marshalling or helping at events, shall have each of their one point(s), (up to a maximum of 4) increased to equal the average value of their total competitive points scored (ie total competitive points/competitive rides)
- 7.4.4 Team Time Trials Only those teams competing with the correct number of riders (e.g. 2) will be eligible for points towards the competition. The organiser can allow, at his discretion, other non-competition point rides on the night.

FIFE CYCLING ASSOCIATION

Rules Updated 20th November 2015

- 7.4.5 Competitors will only be able to have ONE ride per event. Any misfortune, including those not specifically attributed to the rider, WILL NOT be cause for a restart or additional ride.
- 7.4.6 Unattached riders may enter the event but will not be eligible to compete in the League competition.

7.5.0 PRIZES

7.5.1 The prize value will be determined by the income from the events and will be decided at the FCA meeting prior to the last event of the series.

7.5.2 OPEN COMPETITION

CAT A - 1st to 5th Fastest CAT B - 1st to 5th Fastest CAT C - 1st to 5th Fastest CAT D - 1st to 5th Fastest

7.5.3 FIFE COMPETITION

a) Individuals

1st - Gold medal and Trophy

2nd - Silver medal 3rd - Bronze medal

b) Team

Team points will be scored by, up to, the first 3 riders from each club at each round. Points will be as awarded in the main league.

No multiplier and no events dropped from the total in calculating scores. Results from the Team Time Trial would NOT count towards the team TT league

- 7.5.3.1 All Fife riders who complete a number of events equal to the maximum multiplier, (ie 3 less than the total number of events), will receive a Commemorative medal.
 Competitors can only count a maximum of 4 events, at which they officiate, for the purpose of this award.
- 7.5.3.2 Only Riders from the midweek organising clubs are eligible for this competition.
- 7.5.3.3 (It is acknowledged that some higher placed Fife riders who have not completed 12 events will not receive a commemorative medal).
- 7.5.3.4 The Bob Ewing Trophy will be awarded to the best placed FCA Youth.

7.5.4 VETS COMPETITION

- 7.5.4.1 Only Fife Cycling Association riders are eligible.
- 7.5.4.2 This will be based on the same format as existing series but using VTTA Standards
- 7.5.4.3 All other Distance Standards would be proportional to the rider's 10 mile Standard, eg. Mile Sprint would be 1/10th of 10 mile Standard
- 7.5.4.4 Standards for the hill climb will be based on the previous years winners time proportioned to 22 minutes 0 seconds.
- 7.5.4.5 The competition results will be updated weekly and e-mailed to those addresses on the main list.
- 7.5.4.6 The 2up TTT does not count for the VETS competition.
- 7.5.4.7 Riders are responsible for ensuring that the signing on sheet is marked indicating that they are a VET.
- 7.5.4.8 Riders standards will be based on their age at the 30th June of the current year.

FIFE CYCLING ASSOCIATION

Rules Updated 20th November 2015

- 7.5.4.9 Prizes will be based on Standards:
 - 1st Gold medal 2nd - Silver medal 3rd - Bronze medal
- 7.5.4.10 Entry to league competition will be closed after six (6) events have taken place.

7.6.0 CATEGORIES

- 7.6.1 Categories will be based on a competitors fastest '10' miles, (or pro rata '5'miles), time from the previous years competition.
- 7.6.2 Previous years competitors will be allocated a CATEGORY, A,B,C or D based on a time band agreed at the AGM following the series.
- 7.6.3 As a base, for the series the Category Bands will be:

CAT A Up to 22 mins 59 secs
CAT B 23 mins to 24 mins 59 secs
CAT C 25 mins to 26 mins 59 secs

CAT D 27 mins and Over

These will be reviewed at the end of each season when riders are allocated a category for the next season.

- 7.6.4 Competitors who have not competed in a '5' or '10' the previous series must compete in one such event of the current series before being allocated a Category.
- 7.6.5 Events completed prior to an allocation of a category will not count for the competition

7.7.0 EVENT ENTRIES

7.7.1 It is anticipated that the number of riders taking part in each event will increase.

To limit the time some riders spend riding home in the failing light it is necessary to ensure events start on time.

ALL riders must be signed on 15 minutes before the race start time. (This allows the organiser sufficient time to make up the field and the timekeeper to arrive at the start.) Organisers should be encouraged to enforce this rule at all events.