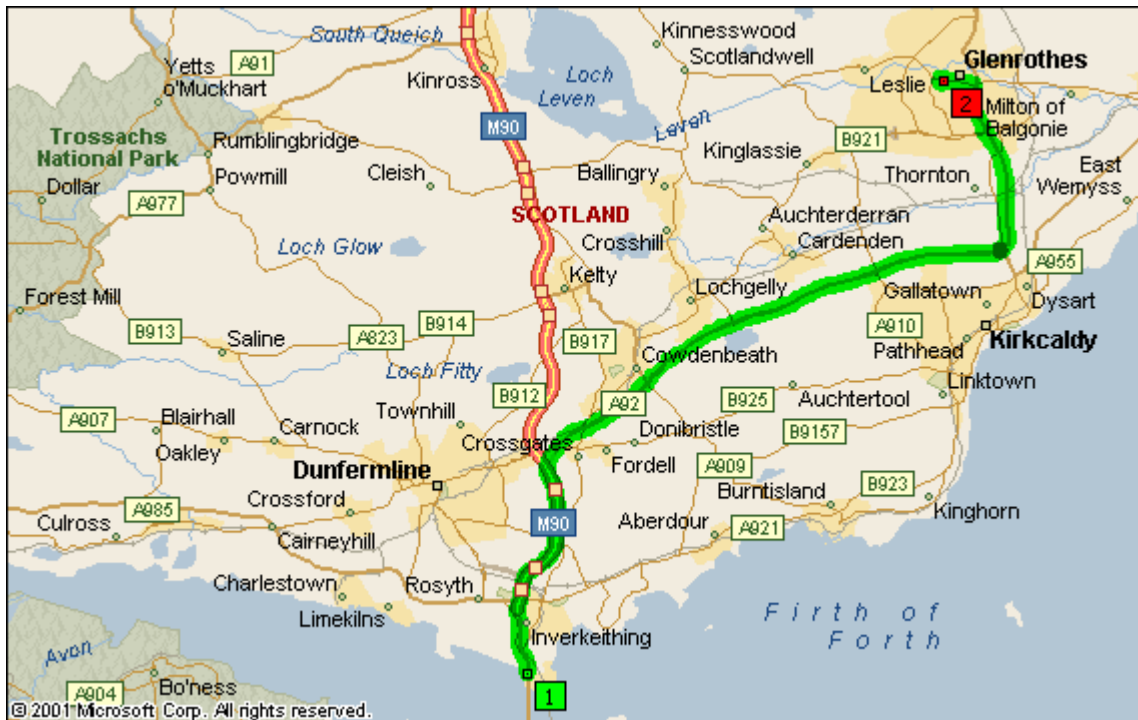


Forth Bridge to KCF Glenrothes

From: Forth Bridge **To:** YMCA-YWCA North St, Glenrothes KY7 5PP

Distance: 20.7 miles (31 minutes)



Time	Mile	Instruction	For	Toward
09:30	0.0	Depart Forth Bridge on A90 (North)	4.3 mi	
09:34	4.3	At M90 Exit 2A, bear LEFT (North) onto Ramp	0.9 mi	A92 / Glenrothes / Kirkcaldy
09:35	5.2	Bear LEFT (North) onto A92	10.7 mi	
09:52	16.0	At roundabout, take the SECOND exit	65 yds	
09:52	16.0	Exit roundabout onto A92	2.7 mi	
09:56	18.6	At roundabout, take the FOURTH exit	174 yds	
09:56	18.7	Exit roundabout onto A92	1.0 mi	
09:58	19.8	At roundabout, take the FIRST exit	21 yds	
09:58	19.8	Exit roundabout onto A911 [Queensway]	0.4 mi	
10:00	20.2	At roundabout (Morrisons), take SECOND exit	65 yds	
10:00	20.3	Exit roundabout onto A911 [Leslie Road]	0.3 mi	
10:00	20.6	At roundabout (Lidl), take the FIRST exit	10 yds	
10:00	20.6	Exit roundabout onto Local road(s)	21 yds	
10:00	20.6	Bear LEFT (South) onto Local road(s)	65 yds	
10:01	20.6	At roundabout, take the FIRST exit	21 yds	
10:01	20.7	Car Park & YMCA-YWCA 75 yds on left (Opposite Clydesdale Bank)		