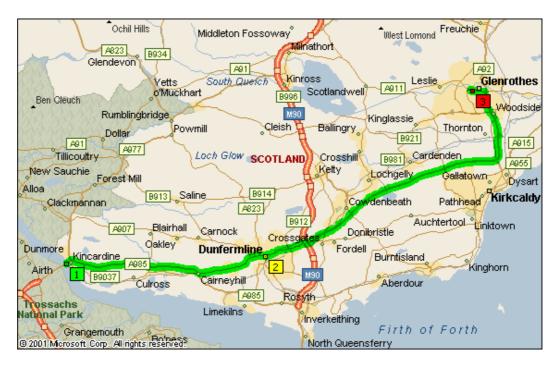
## **Kincardine Bridge to KCF Glenrothes**

From: Kincardine Bridge To: YMCA-YWCA North St, Glenrothes KY7 5PP

Distance: 28.6 miles (52 minutes)



Time	Mile	Instruction	For
09:10	0.0	Depart Kincardine Br on A876 [Sth Approach Road] (N East)	0.3 mi
09:11	0.1	Take RIGHT (East) onto A985 [New Road Layout]	6.8 mi
09:21	6.7	At roundabout, take the SECOND exit	109 yds
09:21	6.7	Exit roundabout onto A994	3.0 mi
09:28	9.7	Continue (East) on A907 [Pittencrieff Street]	0.8 mi
09:30	10.5	At roundabout, take the SECOND exit	65 yds
09:30	10.6	Exit roundabout onto A907 [Appin Crescent]	1.6 mi
09:35	12.2	At roundabout, take the SECOND exit	32 yds
09:35	12.2	Exit roundabout onto A907 [Halbeath Road]	0.2 mi
09:35	12.4	At roundabout, take the SECOND exit	43 yds
09:35	12.5	Exit roundabout onto A907	0.1 mi
09:36	12.6	At roundabout, take the SECOND exit	32 yds
09:36	12.6	Exit roundabout onto A907	0.2 mi
09:36	12.8	At roundabout, take the SECOND exit	153 yds
09:36	12.9	Exit roundabout onto A92	0.4 mi
09:37	13.2	Bear LEFT (North-East) onto Local road(s)	0.2 mi
09:37	13.4	Bear LEFT (North-East) onto Ramp	0.2 mi
09:38	13.6	Bear LEFT (North-East) onto A92	10.3 mi
09:53	24.0	At roundabout, take the SECOND exit	65 yds
09:53	24.0	Exit roundabout onto A92	2.7 mi
09:57	26.6	At roundabout, take the FOURTH exit	174 yds
09:58	26.7	Exit roundabout onto A92	1.0 mi
10:00	27.8	At roundabout, take the FIRST exit	21 yds
10:00	27.8	Exit roundabout onto A911 [Queensway]	0.4 mi
10:01	28.2	At roundabout (Morrisons), take the SECOND exit	65 yds
10:01	28.3	Exit roundabout onto A911 [Leslie Road]	0.3 mi
10:02	28.6	At roundabout (Lidl), take the FIRST exit	10 yds
10:02	28.6	Exit roundabout onto Local road(s)	21 yds
10:02	28.6	Bear LEFT (South) onto Local road(s)	65 yds
10:02	28.6	At roundabout, take the FIRST exit	21 yds
10:02	28.6	Car Park & YMCA-YWCA 75 yds on left (Opposite Clydesdale Bank)	